

This will be a "fun fitness" party, so no gymnastics experience is necessary. Wear a t-shirt and a pair of shorts (no buttons, snaps, or zippers). Have your hair tied back if it is long, and make sure nothing is in your mouth during our fun.
CAN'T WAIT TO SEE YOU THERE!

IT'S A GYMNASTICS BIRTHDAY PARTY!

For: _____

Date: _____

Time: _____

**Where: C.G.'s Gymnastics
 14550 Florida Blvd., Baton Rouge, LA**

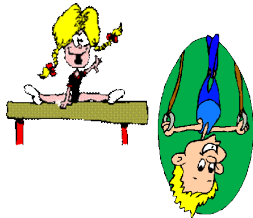
PLEASE RSVP BY: _____

Contact Person: _____

Phone: _____

Email: _____

Please print and fill out a Release Form and bring it with you to the party to participate. Release can be found at www.cgsgym.com under "Birthday Parties."



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From: _____

PLEASE
PLACE
STAMP
HERE

To: _____



TUMBLE on in 

From: _____

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TUMBLE on in 